# 2020 Summary of Benefits

Jan. 1 - Dec. 31, 2020

Things to know about Sharp Health Plan (HMO)



Sharp Health Plan's Medicare website sharpmedicareadvantage.com



Customer Care 1-855-562-8853 (TTY/TDD: 711) customer.service@sharp.com



Medicare sales email medicaresales@sharp.com



### Hours of operation

Oct. 1 – March 31 from 8 a.m. – 8 p.m.
Pacific time, 7 days a week; April 1 – Sept. 30 from 8 a.m. – 8 p.m., Monday through Friday.
Calling after hours will direct you to our voicemail system and a Customer Care representative will return your call the next business day. Customer Care also has free language interpreter services available for non-English speakers.



#### Who can enroll?

To join the Sharp Health Plan (HMO) plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B and live in our service area, which is San Diego County. You cannot have end-stage renal disease.

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### Which doctors, hospitals and pharmacies can I use?

Sharp Health Plan (HMO) has a network of doctors, hospitals, pharmacies and other providers. If you use the providers that are not in our network, the plan may not pay for these services. **Some services may require prior authorization and may require a referral from your PCP**. You must generally use network pharmacies to fill your prescriptions for covered Part D drugs.

• You can see the complete plan provider and pharmacy directory on our website at **sharpmedicareadvantage.com/findadoctor**, or call us for more information.

### How will I determine my drug costs?

Our plan groups each medication into one of six "tiers." You will use the Sharp Health Plan formulary to determine the tier your drug is on and the associated cost. The amount you pay depends on the drug's tier and the pharmacy you use. The amount you pay also depends on the benefit stage you are in: Initial Coverage, Coverage Gap and Catastrophic Coverage. Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits. These are explained later in this document beginning on page 38.

You can see the complete plan formulary (list of Part D prescription drugs) and the Evidence
of Coverage on our website at sharpmedicareadvantage.com/druglist, or call us for more
information.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at http://www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY/TDD users should call 1-877-486-2048.

This information is not a complete description of benefits. Contact the plan for more information.

Sharp Health Plan is an HMO plan with a Medicare contract. Enrollment in Sharp Health Plan depends on contract renewal.

This document is available in other formats such as large print.

### 2020 Summary of Benefits

This is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage."

Benefit	Sharp Direct Advantage Gold Card (HMO)	Sharp Direct Advantage Platinum Card (HMO)			
How much is the monthly premium? You must continue to pay your Medicare Part B premium.	\$0 per month	\$57 per month			
How much is the deductible?	These plans do not have deductibles.				
	Yes. Like all Medicare health plans, our plan protects you by having yearly limits on your out-of-pocket costs for medical and hospital care.				
Is there any limit on how much I will pay for my covered services?	If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year.				
	Please note that you will still need to pay your monthly premiums and cost sharing for your Part D prescription drugs.				
	\$3,400 yearly limit for services you receive from in-network providers	\$3,300 yearly limit for services you receive from in-network providers			
Is there a limit onw how much the plan will pay?	No. There are no limits on how much our plan will pay.				
The copays for hospital and skilled nursing facility (SNF) benefits are on benefit periods. A benefit period begins the day you're admitted inpatient and ends when you haven't received any inpatient care (o care in a SNF) for 60 days in a row. If you go into a hospital or a SNF one benefit period has ended, a new benefit period begins. You mut the inpatient hospital deductible for each benefit period. There's not to the number of benefit periods. Our plan covers an unlimited nur days for an inpatient hospital stay.					
	\$250 per day for days 1 through 7 \$0 per day for days 8+	\$150 per day for days 1 through 8 \$0 per day for days 9+			

Benefit	Sharp Direct Advantage Gold Card (HMO)	Sharp Direct Advantage Platinum Card (HMO)		
Outpatient Hospital Coverage <sup>1</sup>	Outpatient hospital, including ambulatory surgery center: \$250 copay	Outpatient hospital, including ambulatory surgery center: \$175 copay		
Doctor Visits	Primary care physician visit: \$5 copay	Primary care physician visit: \$5 copay		
Preventive Care	\$0  Our plans cover many preventive serv  • Abdominal aortic aneurysm screening  • Alcohol misuse screenings & counseling  • Bone mass measurements (bone density)  • Cardiovascular disease screenings  • Cardiovascular disease (behavioral therapy)  • Cervical & vaginal cancer screening  • Colorectal cancer screenings (colonoscopy¹, fecal occult blood test, flexible sigmoidoscopy)  • Depression screenings • Diabetes screenings	ices, including:  • HIV screening  • Lung cancer screening  • Mammograms (screening)  • Nutrition therapy services  • Obesity screenings & counseling  • Prostate cancer screenings (PSA)  • Sexually transmitted infections screening & counseling  • Tobacco use cessation counseling  • Vaccines, including flu shots, hepatitis B shots, pneumococcal shots  • "Welcome to Medicare" preventive visit (one-time)  • Yearly "Wellness" visit		
Emergency Care	\$100 copay  If you are admitted to the hospital within 24 hours, you do not have to pay your share of the cost for emergency care. See the "Inpatient Hospital Care" section of this booklet for other costs.  \$30 copayment \$100 copayment for worldwide	\$90 copay  If you are admitted to the hospital within 24 hours, you do not have to pay your share of the cost for emergency care. See the "Inpatient Hospital Care" section of this booklet for other costs.  \$30 copayment \$90 copayment for worldwide urgent		
Urgently Needed Services	urgent care and emergency coverage.  Copayment is waived if you are admitted into the hospital within 24 hours.	care and emergency coverage.  Copayment is waived if you are admitted into the hospital within 24 hours.		

<sup>&</sup>lt;sup>1</sup> Services may require prior authorization.

<sup>&</sup>lt;sup>2</sup> Services may require a referral from your doctor.

### 2020 Summary of Benefits, continued

Benefit	Sharp Direct Advantage Gold Card (HMO)	Sharp Direct Advantage Platinum Card (HMO)		
Diagnostic Tests,	Diagnostic radiology services (such as MRIs, CT scans): 20% of the cost	Diagnostic radiology services (such as MRIs, CT scans): 15% of the cost		
Lab and Radiology Services, and X-rays	Diagnostic tests and procedures: 20% of the cost	Diagnostic tests and procedures: 15% of the cost		
(costs for these services may vary	Lab services: \$0 copay	Lab services: \$0 copay		
based on place of	Outpatient X-rays: \$10 copay	Outpatient X-rays: \$5 copay		
service) <sup>1,2</sup>	Therapeutic radiology services (such as radiation treatment for cancer): 20% of the cost	Therapeutic radiology services (such as radiation treatment for cancer): 15% of the cost		
Hearing Services <sup>1</sup>	Exam to diagnose and treat hearing and balance issues: \$10 copay	Exam to diagnose and treat hearing and balance issues: \$10 copay		
	Hearing aid fitting / evaluations: \$10 copay	Hearing aid fitting / evaluations: \$10 copay		
	Hearing aid: Our plan pays up to \$3,000 every 2 years.	Hearing aid: Our plan pays up to \$3,500 every 2 years.		
Dental Services <sup>1</sup>	Limited dental services (this does not include services in connection with care, treatment, filling, removal or replacement of teeth):  \$35 copay			
	\$12 monthly premium	\$0 monthly premium		
	\$5 office visits	\$5 office visits		
Delta Dental Services <sup>3</sup>	\$15 cleanings	\$15 cleanings		
Delta Delital Selvices	\$0 complete oral exams (This includes preventive and diagnostic services, basic and major dental services at fixed copays.)	\$0 complete oral exams (This includes preventive and diagnostic services, basic and major dental services at fixed copays.)		

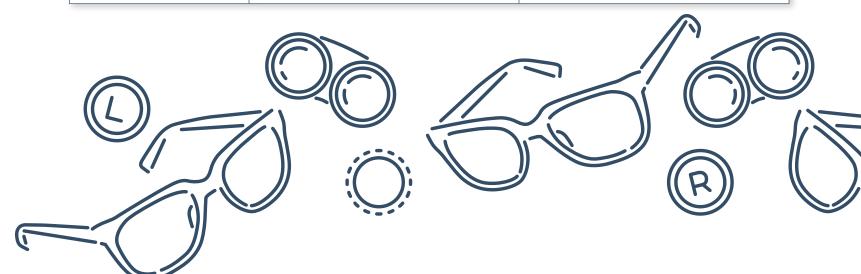
<sup>&</sup>lt;sup>1</sup> Services may require prior authorization.

<sup>&</sup>lt;sup>2</sup> Services may require a referral from your doctor.

<sup>&</sup>lt;sup>3</sup> Delta Dental refers to Delta Dental of California. Dental benefits are provided through the DeltaCare® USA program offered by Delta Dental of California.

<sup>&</sup>lt;sup>4</sup> Purchases are limited to the available benefit dollars. At the beginning of each quarter, any unused allowance will reset to the quarterly benefit limit.

Benefit	Sharp Direct Advantage Gold Card (HMO)	Sharp Direct Advantage Platinum Card (HMO)		
	Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening): \$10 copay	Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening): \$0 copay		
Vision Services <sup>1</sup>	Our plan with VSP pays up to \$200 every two years for eyeglasses (lenses and frames) or contact lenses with a \$20 copay.	Our plan with VSP pays up to \$250 every two years for eyeglasses (lenses and frames) or contact lenses with a \$20 copay.		
	Routine eye exam (for up to 1 every year): \$10 copay	Routine eye exam (for up to 1 every year): \$0 copay		
Inpatient Mental Health Care	The copay for hospital benefit is based on a benefit period. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care for 60 days in a row. If you go into a hospital after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital copayment for each benefit period. There's no limit to the number of benefit periods.  \$250 for days 1 through 7	The copay for hospital benefit is based on a benefit period. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care for 60 days in a row. If you go into a hospital after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital copayment for each benefit period. There's no limit to the number of benefit periods.  \$150 per day for days 1 through 7 \$0 per day for days 8+		
Outpatient Mental	Outpatient group therapy visit: \$35 copay	Outpatient group therapy visit: \$30 copay		
Health Care	Outpatient individual therapy visit: \$35 copay	Outpatient individual therapy visit: \$30 copay		



## 2020 Summary of Benefits, continued

Benefit	Sharp Direct Advantage Gold Card (HMO)	Sharp Direct Advantage Platinum Card (HMO)		
	Our plan covers up to 100 days in a SNF.			
Skilled Nursing Facility (SNF) <sup>1</sup>	\$0 per day for days 1 – 20 \$155 per day for days 21 through 100	\$0 per day for days 1 – 20 \$155 per day for days 21 – 41 \$0 per day for days 42 – 100		
Physical Therapy <sup>1</sup>	Physical therapy and speech and language therapy visit: \$35 copay	Physical therapy and speech and language therapy visit: \$30 copay		
Ambulance <sup>1</sup>	\$250 copay	\$250 copay		
Transportation	Not covered			
Part B Drugs (including chemotherapy drugs) <sup>1</sup>	20% of the cost	20% of the cost		
Cardiac Rehab¹	Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day for up to 36 sessions up to 36 weeks): \$35 copay	Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day for up to 36 sessions up to 36 weeks): \$30 copay		
Foot Care (podiatry services) <sup>2</sup>	Foot exams and treatment if you have diabetes-related nerve damage and / or meet certain conditions:  \$35 copay	Foot exams and treatment if you have diabetes-related nerve damage and / or meet certain conditions: \$30 copay		
Medical Equipment / Supplies (wheelchairs, oxygen, etc.) <sup>1</sup>	20% of the cost	15% of the cost		
	\$0			
	Wellness programs include:			
Wellness Programs	Silver&Fit Gym Access Choose from many different facilities throughout San Diego County. Enjoy the flexibility to change facilities monthly with no hassle. If you prefer to exercise at home, at-home fitness options are available as well.			
	Health Coaching Up to 30-minute confidential coaching sessions by phone on common health topics such as healthy weight management, smoking cessation, healthy eating, physical activity and stress management.			

Benefit	Sharp Direct Advantage Gold Card (HMO)	Sharp Direct Advantage Platinum Card (HMO)		
	Manipulation of the spine to correct a subluxation (when 1 or more of the bones of your spine move out of position): \$20 copay			
Chiropractic Care <sup>2,3</sup>	Supplemental Chiropractic through American Specialty Health: \$10 copay, maximum 30 office visits per year (Combined with Acupuncture for Platinum Card members)			
Acupuncture <sup>3</sup>	Not covered	Supplemental Acupuncture through American Specialty Health: \$10 copay, maximum 30 office visits per year (combined with Chiropractic Care)		
	Diabetes monitoring supplies: \$0	Diabetes monitoring supplies: \$0		
Diabetes Supplies and Services <sup>1,2</sup>	Diabetes self-management training: \$0	Diabetes self-management training: \$0		
	Therapeutic shoes or inserts: 20% of the cost	Therapeutic shoes or inserts: 15% of the cost		
Home Health Care <sup>1</sup>	\$0			
Prosthetic Devices	Prosthetic devices: 20% of cost	Prosthetic devices: 15% of cost		
(braces, artificial limbs, etc.) <sup>1</sup>	Related medical supplies: 20% of the cost	Related medical supplies: 15% of the cost		
Renal Dialysis <sup>1</sup>	\$0			
Over-the-counter	Quarterly allowance for eligible over-the-counter (OTC) health products through our OTC catalog.			
(OTC) items <sup>4</sup>	Up to \$80 per calendar quarter	Up to \$100 per calendar quarter		

 $<sup>^{\</sup>mbox{\tiny 1}}$  Services may require prior authorization.

 $<sup>^{\</sup>rm 2}$  Services may require a referral from your doctor.

 $<sup>^{\</sup>scriptscriptstyle 3}$  Services with a  $^{\scriptscriptstyle 3}$  are subject to medical necessity review.

### Part D Drugs<sup>1</sup>

You pay the Initial Coverage amounts until your total yearly prescription drug costs reach \$4,020. Total yearly drug costs are the total drug costs paid by both you and our Part D plan. You may get your drugs at network retail pharmacies and mail order pharmacies. These plans do not have a deductible.

	Initial Coverage					
	Sharp Direct Advantage Gold Card (HMO)			Sharp Direct Advantage Platinum Card (HMO)		
	Standard Retail Cost Share		Standard Mail-Order Cost Share		rd Retail Share	Standard Mail-Order Cost Share
	Retail 1-month supply	Retail 3-month supply	Mail-Order 3-month supply	Retail 1-month supply	Retail 3-month supply	Mail-Order 3-month supply
Tier 1 (Preferred Generic)	\$4 copay	\$12 copay	\$0 copay	\$4 copay	\$12 copay	\$0 copay
Tier 2 (Generic)	\$8 copay	\$24 copay	\$0 copay	\$8 copay	\$24 copay	\$0 copay
Tier 3 (Preferred Brand)	\$47 copay	\$141 copay	\$94 copay	\$47 copay	\$141 copay	\$94 copay
Tier 4 (Non-preferred Brand)	\$100 copay	\$300 copay	\$200 copay	\$100 copay	\$300 copay	\$200 copay
Tier 5 (Specialty)	33% of cost	Not offered	Not offered	33% of cost	Not offered	Not offered
Tier 6 (Select Care)	\$0 copay	\$0 copay	\$0 copay	\$0 copay	\$0 copay	\$0 copay

Costs may differ based on pharmacy type or status (e.g., preferred/non-preferred, mail order, long-term care (LTC) or home infusion and 30 or 90 day supply)

9

<sup>&</sup>lt;sup>1</sup> Services may require prior authorization.

<sup>&</sup>lt;sup>2</sup> Services may require a referral from your doctor.

#### **Coverage Gap**

Most Medicare drug plans have a coverage gap (also called the donut hole). This means that there is a temporary change in what you will pay for your prescription drugs. The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches \$4,020.

After you enter the coverage gap, you pay 25% of the plan's cost for covered brand name drugs and 25% of the plan's cost for covered generic drugs until your costs total \$6,350, which is the end of the coverage gap. Not everyone will enter the coverage gap.

#### **Catastrophic Coverage**

After your yearly out-of-pocket prescription drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$6,350, you pay the greater of:

- 5% of the cost, or
- \$3.60 copay for generic (including brand drugs treated as generic) and an \$8.95 copay for all other Part D drugs

