

SHARP Health Plan

Important contacts



Sharp Health Plan Customer Care

1-855-562-8853, TTY/TDD: 711
7 a.m. to 8 p.m., 7 days a week



After-Hours Nurse Advice

1-855-562-8853, TTY/TDD: 711

5 p.m. to 8 a.m. on weekdays, 24 hours on weekends

Select the option to speak with a nurse through Sharp Nurse Connection® for medical advice.



Emergency Travel Services

1-800-872-1414, 1-609-986-1234 (outside the U.S.)

When 100+ miles away from home or in another country for less than 90 days, our global emergency services partner Assist America® is available 24/7.



Pharmacy and prescription drugs

1-855-222-3183, TTY: 711

Our Medicare prescription helpline is available 24/7, supported by our partner CVS Caremark®.



Free fitness resources

1-877-427-4788, TTY: 711

Get free gym access through Silver&Fit® or get at-home exercise programs mailed to you.



Dental care

1-800-390-3368

Dental Advantage by Delta Dental of California is an included benefit for Platinum Card, Plus and VIP Plan members. This is an optional benefit to Gold Card and Extra plan members.



Behavioral health support

1-877-257-7273, TTY: 711

Make an appointment with our behavioral health partner, Mindpath Health (formerly Psychiatric Centers at San Diego). No referral is needed from your primary care physician to access outpatient therapy from an in-network provider.



Hearing aid coverage

HearUSA: 1-855-203-5911

San Diego Hearing Center: 1-858-279-3277

Contact your primary care physician first for prior authorization to use your allowance every 36 months toward medically necessary hearing aids from San Diego Hearing Center and HearUSA.



Chiropractic and acupuncture care

1-800-678-9133

Use your supplemental chiropractic and acupuncture benefit through American Specialty Health for up to 30 visits a year. No referral is needed from your primary care physician. Services are subject to medical necessity review.



Over-the-counter allowance

1-888-628-2770, TTY: 711

Use your quarterly over-the-counter allowance to get eligible over-the-counter products, like common cold medications and first aid supplies, through OTC Health Solutions.



Vision care

1-800-877-7195

Find a Vision Service Plan Choice provider near you to get an annual routine eye exam and to use your allowance for glasses or contacts every 24 months.