

# SHARP Health Plan

## SHC BASIC / PREMIUM

## Important contacts



### Sharp Health Plan Customer Care

1-855-562-8853, TTY/TDD: 711  
7 a.m. to 8 p.m., seven days a week



### After-Hours Nurse Advice

1-855-562-8853, TTY/TDD: 711

5 p.m. to 8 a.m. on weekdays, 24 hours on weekends  
Select the option to speak with a nurse through  
Sharp Nurse Connection® for medical advice.



### Global Travel Assistance Services

1-800-872-1414, 1-609-986-1234 (outside the U.S.)

When 100+ miles away from home or in another country for  
less than 90 days, our global assistance services partner  
Assist America® is available 24/7.



### Pharmacy and prescription drugs

1-855-222-3183, TTY: 711

Our Medicare prescription helpline is available 24/7,  
supported by our partner CVS Caremark®.



### No-cost fitness resources

1-877-427-4788, TTY: 711

Access 17k+ gyms nationwide through the Silver&Fit®  
program. You can also get one at-home exercise kit mailed  
to you each year.



### Vision care

1-800-877-7195

Find a Vision Service Plan Advantage provider near you to get  
an annual routine eye exam and to use your allowance for  
glasses or contacts every 24 months.



### Behavioral health support

1-844-483-9013, TTY: 711

Search for a behavioral health provider through our website  
at [sharpmedicareadvantage.com/bh](https://sharpmedicareadvantage.com/bh) and learn more about  
your benefits. No referral is needed to access outpatient  
therapy from an in-network provider.



### Dental care

1-800-390-3368

Delta Dental DHMO costs \$13 a month. The dental PPO  
option costs \$55 a month.



### Hearing aid coverage

HearUSA: 1-855-203-5911  
San Diego Hearing Center: 1-858-279-3277

Contact your primary care physician first for prior  
authorization to use your allowance every 36 months toward  
medically necessary hearing aids from San Diego Hearing  
Center and HearUSA.



### Chiropractic care

1-800-678-9133

Use your supplemental chiropractic benefit through American  
Specialty Health for up to 30 visits a year. No referral is  
needed from your primary care physician. Services are subject  
to medical necessity review.